



January – June 2021

Number 21

## From The President, Colin Levy.

What a year we have had. We were going along nicely when COVID19 hit and we had to stop our program immediately. Fortunately, SA has managed the pandemic particularly well and we were able to resume our weekly guest speaker program in September, albeit, with a restriction of numbers to 45 members being able to attend. So far we haven't had to turn anyone away. Geraldine and Pam have again excelled in producing a wonderful array of speakers since our resumption.

During the suspension of our activities your committee introduced the monthly "Staying in Touch" newsletter which provided interesting reading, including personal profiles of some of our members, puzzles, quizzes, wit and humour, recipes and much more. I thank those who contributed to the newsletters and Jennifer for putting them together. I am sure our members appreciated them at a time when we were effectively in lockdown and little other connection with our U3A activities.

The Special Interest Groups have been up and running since early August and have settled in quite well to the temporary venue, Bower Cottages while the Henley Library undertakes some renovations. We will continue at Bower Cottages when we resume next year. I would particularly like to thank the convenors for their continued participation in leading groups through various interests, namely, Jane Frankham (Music), Terry Paterson (Poetry), June Littleford (Botanic Gardens Walks), Ann Edwards (Creative Writing), Nancy Vasileff (History), Pauline Lane (Current Affairs) and Annette Day (Book Club).

Your Committee deserve a special mention for the work they do, they are Pauline Lane our Secretary, Aldis Auliciems our Treasurer, Geraldine Smith and Pam Fidler who co-ordinated the Guest Speaker Program, Jennifer Brown who has accepted the role of Vice President and the producer of our Newsletters, Ros Emms who arranges Outings, Sandra and Steven Carr who are our U3ASA Delegates and Melva Tripodi and Cherie Levy who have taken on various roles on the Committee. At the AGM Pam and Ros retired from our Committee after several wonderful years of service. I am very pleased that Linda Thornett and Anneliese Griffin have joined the Committee and that they are settling in well.

From 17<sup>th</sup> November we have again had to suspend our activities. Let's hope that this COVID-19 situation stays under control and we can have a positive start next year.

Cherie and I extend a very Merry Christmas and a Happy New Year to you all and hope that we are still able have our Christmas Lunch.

## CONTACT DETAILS

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Guest Speaker Meetings: Tuesdays:  
1:30 – 3:00

Fulham Uniting Church Hall  
Madeline Cres, Fulham

Special Interest Groups meet at  
Bower Cottages  
200 Bower Road,  
Semaphore Park  
and

Fulham Uniting Church Hall  
Madeline Cres, Fulham  
and

Botanic Garden, North Tce, Adelaide

## OFFICE BEARERS

President: Col Levy

Vice President: Jennifer Brown

Treasurer: Aldis Auliciems

Secretary: Pauline Lane

## COMMITTEE MEMBERS:

Cherie Levy

Geraldine Smith

Melva Tripodi

Anneliese Griffin

Linda Thornett

*Public Officer:* Pam Fidler

*Program Co-ordinator:* Geraldine Smith

*Outings:* Ros Emms

*Website/Records:* Pauline Lane

*U3ASA delegates:* Sandra and Steven Carr

*Caterers:* Cherie Levy, Melva Tripodi & Geraldine Smith

*Publicity:* TBA

*Newsletter:* Jennifer Brown & Committee

*Auditor:* Allan McDonald

# Guest Speaker Program

After the forced COVID19 break our Guest Speaker Program returned with members needing to book to attend as our numbers are now limited to 45 per session. We resumed our Tuesday Guest Speaker program from 1<sup>st</sup> September, and we have been educated, enlightened and entertained by some wonderful people who generously gave up their time to speak to us.

- Sept 1: Jason Tanner from SARDI spoke on the coastal seagrass decline in Spencer Gulf and the efforts underway to regenerate the sea grass, and how he and his small team, located at West Beach, are working to restore the diminished seagrasses along our coastline.
- Sept 8: Sandy Whitelaw in costume and with mannequins told us about the History and Fashions of the Flappers in the 1920s.
- Sept 15: Following our delayed AGM, Brevet Sergeant Shaun Pearce from Henley Beach Police Station informed us of Cyber Safety and how to avoid scams.
- Sept 22: Barry Jennings, former Lawyer, Judge and Mentor informed us about some of his cases and also some recent notable cases in our court system and explained various aspects of the law during his long association with the Law.
- Oct 13: The ever popular Don Hopgood presented a thought provoking History – What Is It? He also told us how he and his brother published their own history of Jazz in SA 1918-2000.
- Oct 20: Sandy Whitelaw returned dressed as suffragette Mary Lee to tell us of that lady's struggle to obtain the vote for women in SA.
- Oct 27: Ian Henschke, Chief Advocate of Seniors Australia talked about his role as seniors' advocate, the Royal Commission and also his early career including time at Oxford.
- Nov 3: Our Vice-President, Jennifer Brown informed and entertained us with a snapshot of her learning of Australia while travelling in a Caravan.
- Nov 10: Sue Garforth continued with Royal Marriage disasters with an insight into the history of the marriage of George IV and Princess Caroline, likening some of their life to more recent royals.

Unfortunately, due to the sudden Covid-19 outbreak we temporarily suspended 2 Tuesday meetings.

- Dec 1 Sue Garforth on Royal Marriage disasters – Edward VIII and Mrs Simpson. Please ring Geradine to book and she will confirm if this session is going ahead

**Program Co-ordinator: Geraldine Smith**

*Please remember to wear your Name Badge to meetings*

# Interest Groups

In addition to the weekly guest speaker, U3A Charles Sturt has 7 interest groups that meet monthly. If you have an interest that you would like to pursue with several other members, the committee can assist you in arranging this and in booking a meeting room.

## MUSIC APPRECIATION

**Convenor: Jane Frankham**

It's been an empty year for music. But we made up for the gaps on November 10<sup>th</sup> when Becky Llewellyn brought the film of her opera "The Portrait" to us. The opera tells the story of an Adelaide artist living in England and Paris in the 30's and 40's. Becky composed the music and the libretto and directed the opera with Co-Opera. The music and singing by Adelaide artists demonstrated the quality of the performance.

It was a long session and I thank Col and Cherie for their support to the group especially for setting up the computers to ensure we had quality film and sound.

Our next session on December 1<sup>st</sup> will feature our own Jennifer Brown, when she will be testing us on our knowledge of songs from Movies.

**1<sup>st</sup> Tuesday of the month 3:15 – 4:15pm @ Fulham Uniting Church Hall, Madeline Cres, Fulham**

## POETRY READING

**Convenor: Terry Paterson**

The group had its first meeting in March but due to Covid 19 was unable to hold further meetings until August. Our next meeting is 3<sup>rd</sup> December. Unfortunately the temporary change of venue from Henley Library to Bower Cottages at Semaphore Park has deterred some people from attending. Hopefully we will return to the library in 2021. People often express a fear of poetry, thinking that it's too high-brow or difficult to understand. But there are poems for everyone's taste and part of the fun is to discover them. So come along to one of our meetings in 2021. A Merry Christmas and Happy New Year to everyone.

**1<sup>st</sup> Thursday of the month 1:30 – 3:00pm @ Bower Cottages, 200 Bower Road, Semaphore Park**

## BOTANIC GARDENS WALKS

**Convenor & Guide: June Littleford (0403 107 215)**

A small group of members have been enjoying the Adelaide Garden on second Mondays. We have seen wonderful roses in full bloom. The judas tree was a blaze of colour. The drunken parrot tree was noisy with rainbow lorikeets feeding on the alcoholic nectar. We found the horse radish plant. We chat amongst ourselves and meander under the trees. A very pleasant morning followed by some lunch at the wine centre.

**Botanic Gardens Walks are held on 2<sup>nd</sup> Monday of the month 11:00am -12 noon  
Meet at the North Terrace Gate Botanic Gardens, Adelaide  
A donation of \$2.00 is appreciated by the Gardens.**

## CREATIVE WRITING

**Convenor: Ann Edwards**

The Creative Writing Group has adapted well to Bower Cottages. Some fascinating writing pieces to the topic "No such thing as try..just do". Since we are an all female group (men welcome) this topic drew out the experiences of women doing just that. Our group grows with one new member joining and her friend coming along to our next meeting. Wonderful that we have stayed together during COVID restrictions. On to 2021.

**2<sup>nd</sup> Thursday of the month 12 noon – 1:15pm @ Cottages, 200 Bower Road, Semaphore Park**

## HISTORY

**Convenor: Nancy Vasileff**

I am indebted to Sue, Ros, and Geraldine (twice) for leading the group in my place.

Through their reports, the research this year into 'Heritage Buildings in Adelaide' proved to be both Interesting and valuable! Intriguing stories of Carrick Hill, Carclew, Cummin's, Dunluce Castle, St Peter's Cathedral, The Art Gallery, St Margaret's Hospital, Beresford Arms Hotel, Elder Hall, The War Memorial, The Queen's Theatre, Olympic Pool Henley and Semaphore Odeon amongst others.

In 2021 we will commence with "China". We welcome all who wish to participate or just listen in, we might find out what makes China tick!

I would like to take this opportunity to thank all who have kindly contacted me in various ways through the last few months, your sentiments have been most truly appreciated!

A Merry and safe Christmas to all, Nancy.

**2<sup>nd</sup> Thursday of the month 1:30 – 3:00pm @ Cottages, 200 Bower Road, Semaphore Park**

## CURRENT AFFAIRS

**Convenor: Pauline Lane**

We resumed meeting at the Bower Cottages in August after a long break due to the Covid 19 situation.

Topics for our last meeting included :

- SA Trains being privatised

- Charles Sturt Council
- Using Credit cards and not Cash
- West End Brewery leaving South Australia
- Seniors travel on buses and trains
- Covid 19
- Australia Post

And lastly 'Donald Trump'

Participants have indicated they find these discussions to be intellectually stimulating, thought provoking and have broadened their knowledge. All members are welcome to attend and join in the discussion - or just listen if they wish.

**3<sup>rd</sup> Thursday of the month 1:30 – 3:00pm @ Cottages, 200 Bower Road, Semaphore Park**

## BOOK CLUB

**Convenor: Annette Day**

We are pleased for the use of a room at Bower Cottages to continue our book discussions. The 4 books we've read so far this term have mainly been fictional but based on true events.

We learn more from each others' insights. Two books were of war, one a tale of a Jewish woman trying to protect her 2 daughters and the other the horrors thrown at the small country of Estonia. The love and hope that prevailed in these stories was amazing and we could imagine films could be made of them.

Something quite different was about a youth who through fear became an illegal immigrant in Australia. How he tried to stay ahead of the law and how he was treated was an eye opener to us all. We've still a vacancy if anyone wants to join us.

**4<sup>th</sup> Thursday of the month 1:30 – 3:00pm @ Cottages, 200 Bower Road, Semaphore Park**

## COFFEE AND CHAT

**Convenor: Col Levy**

This activity was introduced this year to provide a regular social activity for members to get to know each other. It has grown from humble beginnings where only a few members attended to the last coffee and chat session where our numbers increased to 16. We meet in the 4<sup>th</sup> week of the month on either a Monday or Friday; the time of 10.30 am has proven to be most popular. We meet at the Lockleys Hotel.

The Coffee and Chat for terms 1 and 2 for 2021 are as follows:

Monday 22<sup>nd</sup> February 10:30am

Friday 26<sup>th</sup> March 10:30am

Friday 28<sup>th</sup> May 10:30am

Friday 25<sup>th</sup> June 10:30am

**Lockleys Hotel, Entrances from Henley Beach and Tapleys Hill Roads**

*Special Interest Groups will continue to meet at Bower Cottages, as the Henley Library is still undergoing roof repairs. We have negotiated to use Bower Cottages until the end of June 2021.*

## U3ASA

**Representatives: Sandra and Steven Carr**

This year our first meeting was cancelled due to COVID19, the second meeting was held on "zoom", and the October meeting was face to face.

Many U3As have resumed in Term 3 and some were starting in Term 4. Numerous members are very cautious and hesitant to come to meetings. Hopefully next year much more will be happening.

## OUTINGS

**Coordinator: Ros Emms**

**AYERS HOUSE:** On Friday, 18<sup>th</sup> September, 13 members attended a private tour of Ayers House, North Terrace. It is considered Adelaide's finest Victorian-era home and one of the last remaining grand 19<sup>th</sup> century residences on North Terrace. It is now a museum managed by the National Trust of SA. It consists of more than 40 rooms over a two acre property. Ably led by Graeme Fanning and Sandy Whitelaw (speakers at some of our regular meetings) we learned the history of the house and viewed the period items on display. Sandy manages the historic costume collection held at Ayers House, and at the time of our tour she had mounted a display showing the clothing worn by several entertainers from past eras - Sarah Bernhardt, Lola Montez, Anna Pavlova, Dame Nellie Melba, and Gladys Moncrieff. Sandy presented an entertaining talk about each of these interesting women.



Dining table



Ayers House



Part of the costume exhibition

**WAKEFIELD PRESS:** On the evening of Wednesday 4<sup>th</sup> November, 22 members enjoyed a visit to Wakefield Press (book publishers) at Mile End. Hosted by Trevor Klein (another of our regular speakers), we enjoyed a welcoming glass of wine and were given a talk by actor Edmund Pegge about his recent book *"Forever Horatio"*. The book is a biography of his life as an actor in Australia and England. His talk was very entertaining and we had many laughs. We were then able to visit the bookshop to browse the many titles that Wakefield have published, being given a generous discount on purchases.



Members enjoying their wine



Edmund Pegge



Edmund Pegge and Trevor Klein

## Automated External Defibrillator

As you are all aware an Automated External Defibrillator or AED was purchased for use in the event that a member or visitor collapsed while at U3A, and is mounted on the wall for easy access. AED use should not be restricted to trained personnel. Allowing the use of AEDs by individuals without prior formal training can be beneficial and may be life saving.

When COVID19 restrictions allow, a trainer from Red Cross is prepared to come along and provide us with a demonstration. If any members would like to undertake a formal training program we can arrange for this.



# Christmas Lunch



Due to the COVID-19 restrictions we are unable to hold our traditional Christmas lunch in the hall; instead it will be held on **Tuesday 8<sup>th</sup> December 2020**, at **12:30pm** at **Lockleys Hotel**. The cost will be **\$30** a head which is a set menu and will include a choice of 3 mains, 2 desserts and a drink.

Bookings essential

Members will be contacted with further details when the COVID19 situation is clearer

## 2021 Enrolment Day

**Tuesday 2<sup>nd</sup> February 2021.**

*(NOTE: schools go back on Wednesday 27<sup>th</sup> January as Tuesday the 26<sup>th</sup> is Australia Day)*

Fulham Uniting Church Hall, 16 Madeline Cres, Fulham

1:00 - 3:00pm

**Annual Fee:** Payable on Enrolment Day

**Current members** - \$20 per person or \$30 per couple (to compensate for 6 months lost in 2020 due to COVID-19)

**New members** - \$40 per person or \$60 per couple

**Please bring your completed Enrolment Form**

Guest Speaker Program & Activity timetable as well as Special Interest Group dates will be provided at Enrolment Day

### 2021 School Term Dates

Term 1: 27<sup>th</sup> January to 9<sup>th</sup> April

Term 3: 19<sup>th</sup> July to 24<sup>th</sup> September

Term 2: 27<sup>th</sup> April to 2<sup>nd</sup> July

Term 4: 11<sup>th</sup> October to 10<sup>th</sup> December

## Annual General Meeting

A.G.M. for 2021 will be held on Tuesday 23<sup>rd</sup> March.

A vibrant committee is a must for a successful U3A. Please think about joining the hard working committee. A committee member is elected for a 3 year term only. The committee meets on the 4<sup>th</sup> Tuesday of the month at 3:15pm.

U3A is a learning co-operative of 'Third Age' people (people who are over 50 and no longer working full time or retired). It is a self help and non-profit organisation that encourages a positive approach to ageing by enhancing self esteem and independence and by sharing experiences including educational, creative and leisure activities.



Kindly printed by the Office of Matt Cowdrey, OAM MP, Member for Colton.