



Staying in Touch Newsletter

September 2022

Number 7

FROM THE PRESIDENT

This Staying in Touch Newsletter is to keep you informed of some important changes to our U3A.

Due to the increase in our rental arrangement with the Fulham Uniting Church where we meet, it has become necessary to increasing our annual fees.

We have not increased our membership numbers in the last few years and have actually lost some due to Covid 19 restrictions and sadly, some deaths. We are endeavouring to promote our u3a by various means and hope these measures will be successful. If you have any friends who might like to join, please encourage them to come and enjoy new friendships and join in our Special Interest Groups.

In 2023, single fee will increase to \$60.00 and for couples \$90.00. There is a discount applicable to those members who are also members of another U3A group.

We are negotiating to start a new Special Interest Group – Circle Dancing, with Heather Purcell, who is one of our members. I've been assured it is low impact and suitable for our age group. It is not line dancing or Zumba and benefits include improving movement, balance, fitness and is good fun.

Another activity which may interest our members is a group called "Out and About". If anyone is interested, please contact any Committee Member.

It is regretted that our Music Group is no longer continuing. If anyone is interested in Co-Ordinating a new group, please contact our Committee.

Our Botanic Walk activity will not be conducted in 2023 as a u3a Group, (the last one will be 14th November). However, you are welcome to visit any of the three botanic gardens. There is a free public walk in Adelaide every day/Mount Lofty on Tuesday/and Wittunga on Thursdays. All leave at 10.30am.

We will continue with our regular outings to places of interest. The next outing will be at 10.30 am on Thursday 27th October 2022 at the Rodney Fox Museum, 107 Henley Beach Rd, Mile End.

Our Christmas lunch will be on **Tuesday 13 December 2022**, details to be advised.

Enrolment Day 2023. January 31st 2023 - Our first Meeting will be on Tuesday 7th February 2023.

Col Levy, President

CONTACT DETAILS

Email: u3acharlessturt@hotmail.com

Website: www.u3acharlessturt.com

Telephone: **0402 063 994**

Guest Speaker Meetings:

Tuesdays: 1:30 – 3:00
Fulham Uniting Church Hall
Madeline Cres, Fulham

Special Interest Groups

Meet at the
Fulham Uniting Church Hall
Madeline Cres, Fulham

OFFICE BEARERS

President: Col Levy
Vice President: Meryl Thompson
Treasurer: Aldis Auliciumis
Secretary: Pauline Lane

ELECTED COMMITTEE MEMBERS:

Cherie Levy
Melva Tripodi
Joan Thomas
Michelle Peake

Group Co-ordinators

Annette Day
Ann Edwards
Nancy Vasileff
Pauline Lane
Terry Paterson
June Littleford

Website/Records: Pauline Lane
U3ASA delegates: Sandra and Steven Carr
Caterers: Cherie Levy, Melva Tripodi
Publicity: Meryl Thompson
Programs: Jane Frankham and Freda Beresford
Outings: Cherie Levy
Newsletter: Don Wright
Auditor: Allan McDonald
Public Officer: Pam Fidler