



July- December 2021

Number 22

## FROM THE PRESIDENT

It is very pleasing that we are now able to attend our weekly meetings on Tuesdays without the need to pre-book.

Your Committee has brought to your attention that more help is needed in the running of our U3A. The response has been good in that we have a few more volunteers to contribute in some way, but more are needed. My vision is that we don't have to rely on any one person should any unexpected event occur which may impact on presenting our U3A programs, i.e., illness, quarantine, holidays, family emergencies, resignations, etc.

One of the most enjoyable aspects of our U3A is the variety of subjects and the quality of our guest speakers. Geraldine and Pam have excelled in bringing this together with such a diverse program. However, both have either left this role or will do so in the near future. I thank them on behalf of all our members for such a good job and it is hoped that their expertise will be passed on to the next subcommittee who will be left with this task.

We have, for some time, developed into a friendly and sociable group which gives our members something to look forward to each week. The attendance at our Christmas and Birthday lunches has been excellent, our monthly Coffee and Chat sessions are progressing well and our last outing to Mt Lofty Botanical Garden was well attended and enjoyed by all.

Special Interest groups, Music, Poetry, Creative Writing, History, Current Affairs, Book Club and guided tours around the Botanic Gardens also add to the learning opportunities available at our U3A.

The rules relating to the use of the kitchen have been relaxed so, provided delegated members can pour the tea and coffee and hand out the food, we can return to our afternoon teas on the last day of term. However, we still need to be sitting down when eating or drinking.

Check out our website [u3acharlessturt.com](http://u3acharlessturt.com) where Nancy Deering has compiled an interesting collection of photos from our various activities, including 2 short video's of Steven Carr playing the bagpipes.

Col Levy

## CONTACT DETAILS

Email: [u3acharlessturt@hotmail.com](mailto:u3acharlessturt@hotmail.com)

Website: [www.u3acharlessturt.com](http://www.u3acharlessturt.com)

Phone Number: 0402 063 994

Guest Speaker Meetings:  
Tuesdays: 1:30 – 3:00  
Fulham Uniting Church Hall  
Madeline Cres, Fulham

Special Interest Groups Meet at  
Bower Cottages,  
220 Bower Road,  
Semaphore  
and  
Botanic Gardens, North Tce, Adelaide

## OFFICE BEARERS

President: Col Levy  
Vice President: Jennifer Brown  
Treasurer: Aldis Auliciems  
Secretary: Pauline Lane  
Public Officer: Pam Fidler

## COMMITTEE MEMBERS:

Jennifer Brown  
Joan Thomas  
Melva Tripodi  
Cherie Levy

*Program Co-ordinator:* Geraldine Smith  
*Outings:* Ros Emms  
*Website/Records:* Pauline Lane  
*Caterers:* Cherie Levy and Melva Tripodi  
*Publicity:* Committee  
*Newsletter:* Jennifer Brown & Committee  
*Auditor:* Allan McDonald  
*U3ASA Delegates:* Sandra & Steve Carr

## GUEST SPEAKER PROGRAM

**Co-ordinator: Geraldine Smith.**

This semester has seen our group enlightened, educated and entertained by a variety of speakers. We have “travelled” through beautiful Canada, also learned about her glaciers and shivered through life in Antarctica. Many of us re-lived past trips to Victor Harbor; heard the story of how Marra, a member of the Newland family connected to Victor Harbor moved to Kenya and ran safaris. Setting up International schools overseas; how the Murray-Darling Basin management controls our water security; Internees at Torrens Island; delightful Macclesfield; how our Lymphatic system works; training for and completing the MEDOC marathon in France; history and rescue of the clipper ship City of Adelaide; we learned secrets of women’s fashions and wondered at some little known facts of long ago historical figures.

I would like to thank all our guests who generously give up their time for **US** – without them, our Tuesdays would not, *could not*, happen. I do hope all members appreciate their kindness.

Every Tuesday, 1.30 – 3.00pm @ Uniting Church Hall, Madeline Cres, Fulham

## Interest Groups

In addition to the weekly guest speaker, U3A Charles Sturt has 7 interest groups that meet monthly. If you have an interest that you would like to pursue with several other members please contact the committee. We acknowledge the ongoing support of Charles Sturt Council for the use of Bower Cottages.

## POETRY APPRECIATION

**Convenor: Terry Paterson**

This group, although small, consists of members with an enduring enthusiasm for poetry. Every member continues to discover new poems every month much to the delight of those who attend. We welcome anyone who wishes to attend our meetings either to read aloud their poems or just to listen.

1<sup>st</sup> Thursday of the month 1:30 – 3:00pm @ Boardroom, Bower Cottages, 200 Bower Rd., Semaphore

## BOTANIC GARDENS WALKS

**Convenor & Guide: June Littleford (0403 107 215)**

Meeting on the 2<sup>nd</sup> Monday of the month has meant only 2 walks took place. We had a number of takers on the first walk in February.

Not well attended in May. May is history month so I took them to the glasshouses and spoke about ‘gardening under glass’.

The gardens are always interesting. Winter brings a carpet of leaves and bare branches. The trees show their sculptured shapes. Very soon new growth will emerge, fresh and green. Walks will take place in July, Aug, and Sept. If the weather is wet we will find shelter and interest in the buildings.

Do come along and enjoy the fresh air and good company.

Botanic Gardens Walks are held on 2<sup>nd</sup> Monday of the month 11:00am -12 noon

Meet at the North Terrace Gate Botanic Gardens, Adelaide

A donation of \$2.00 is appreciated by the Gardens.

## CREATIVE WRITING

**Convenor: Ann Edwards**

Our group goes on growing more creative as confidence in our writing develops. We have written on topics as diverse as “Like a friend, Poetry is comfort and challenge” to The Beauty of Nature and “Why I.....”. Our next topic is “The Room where it happened”. Like all successful community activities Creative Writing opens the door to both shared and very different experiences both through the writing and the chat.

2<sup>nd</sup> Thursday of the month 12 noon – 1:15pm @ Boardroom, Bower Cottages, 200 Bower Rd., Semaphore

## HISTORY

**Convenor: Nancy Vasileff**

This year we decided to study *China*.

What an ambitious project! Peking Man lived by the Yellow River 1 million years ago! It was 1 of 4 cradles of civilization. The others were the Middle East, Egypt and Indus Valley. 4000 years ago records were scratched on bones, and so we progressed through dynasty after dynasty, learning about Confucius, The Great Wall, paper, silk, the compass, printing and many rebellions, through to the impressive modern Silk Road.

Next term we will look into the Federation of Australia...and all are welcome!

**2<sup>nd</sup> Thursday of the month 1:30 – 3:00pm @ boardroom, Bower Cottages, 200 Bower Rd., Semaphore**

## MUSIC APPRECIATION

**Convenor: Jane Frankham**

Today my phone was tuned to the ABC Listen App enjoying Classic FM, where a great selection was played. Listeners were able to nominate their top 10. Lots of people spoke of their love of music, some said music made life bearable. How important music is to all of us.

Unluckily for us we only had 3 music sessions so far this year. I apologise due to illness for postponing our first session, where we were going to explore the origins of music. We are now planning to present it in July. Peter Webb has been our guest over the years. He gave a talk about and played some music by Johannes Brahms. Junia Melo talked about her new found love for choral singing. She has joined choirs interstate and overseas in some beautiful concert halls, including the Sydney Opera House and Coventry Cathedral in the UK.

Well, what's in the rest of the year? There will be a film about composers, and we look forward to inviting a school choir who sang in the annual Festival of music. Henry will delight us with his choice of popular classics.

**3<sup>rd</sup> Tuesday of the month 3:15 – 4:15pm @ Fulham Uniting Church Hall, Madeline Cres, Fulham**

## CURRENT AFFAIRS

**Convenor: Pauline Lane**

At our meeting on 20<sup>th</sup> May, 2021, we covered a broad range of topics:

Covid 19 vaccination, Henley Library, Somerton Man, the newly appointed SA Governor, Euthanasia.

Last Thursday 17 June we discussed:

G7 Summit, Local Council, Housing Trust Homes and Homeless People, Airport locations in Sydney and Adelaide, RoBo debts, Ben Roberts-Smith, Adelaide – voted the third most liveable city in the World.

We also speak about any other issue which is current at the time. As you can see, we cover quite a bit of ground, but generally do not solve any problems.

Participants have indicated they find these discussions to be intellectually stimulating, thought provoking and have broadened their knowledge. All members are welcome to attend and join in the discussion - or just listen if they wish.

**3<sup>rd</sup> Thursday of the month 1:30 – 3:00pm @ Board Room, Bower Cottages, 200 Bower Rd., Semaphore**

## COFFEE AND CHAT

**Convenor: Col Levy**

There are not many opportunities for members to socialise at our weekly guest speaker sessions so this enables our members to mix in a different setting to get to know each other and the Lockleys Hotel serves us well as it is in a good central location. Although the numbers attending may vary there are always plenty of interesting things to talk about.

**3<sup>rd</sup> Friday of the month at 10:00am @ Lockleys Hotel, Entrances from Henley Beach and Tapleys Hill Roads**

## BOOK CLUB

**Convenor: Annette Day**

Our group has grappled with some difficult topics in the books we've read and discussed this year.

"No Friend but the Mountains" by Behrouz Boochani, a very well educated Kurdish-Iranian man who sent his horrific story to friends via his mobile phone whilst suffering in prison on Manus Island. Not something our group felt proud about.

"The Dictionary of Lost Words" by Pip Williams. We all enjoyed this book based on a true story.

Words from literate people were forwarded to lexicographers for the Oxford University Press's New English Dictionary. Protocols were followed that permitted words to be added to the dictionary. At the time most people in England were illiterate and their words were "lost"- not in the dictionary.

"Boy Swallows Universe" by Trent Dalton. A story of child abuse, drugs, gangs, murders, set in a violent working class suburban Brisbane fringe area. Some members couldn't finish the book but it did show that despite the horror, love is threaded through the story.

"Cockroaches" by Jo Nesbo a famous Norwegian author whose books have been translated into 50 different languages and more than 50 million copies sold around the world. We think he was having a down time when he wrote this book and wouldn't recommend it to anyone.

4<sup>th</sup> Thursday of the month 1:30 – 3:00pm @ Boardroom Bower Cottages, 200 Bower Rd., Semaphore

## OUTINGS

**Co-ordinator: Ros Emms**

### OUTING TO MOUNT LOFTY BOTANIC GARDEN

On 3<sup>rd</sup> May, 18 members met at the pavilion near the lake at Mt Lofty Botanic Garden.

After our box lunch, where we sighted a white swan and a cormorant drying their wings, we gathered for an introduction by June Littleford, who gave us an overview of the history of the garden which opened in 1977.

Our local guide, Helen Milne, has many years experience, so the botanical names just rolled off her tongue. We walked around the lake and immersed ourselves in the glorious colours of Autumn – scarlet, red, orange, yellow and bronze.

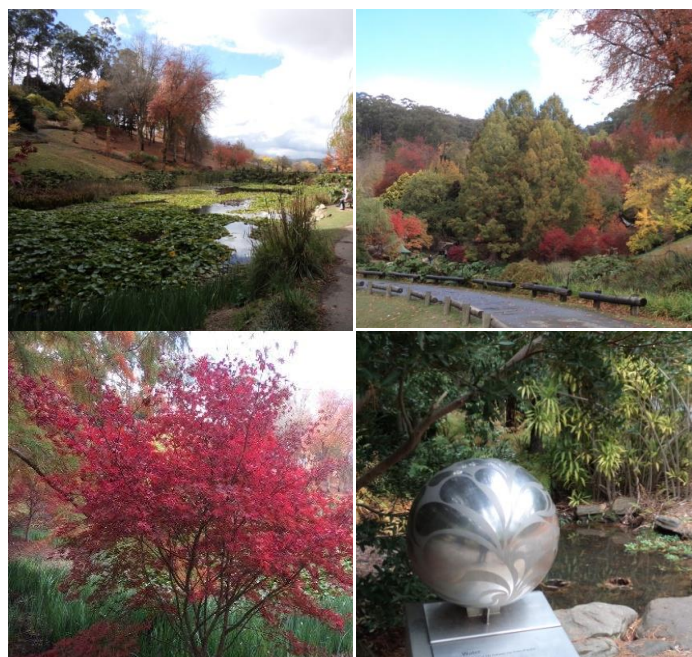
Ninety-seven hectares are dedicated to the cultivation and display of the world's cool climate plants, in a series of hillside gullies.

We saw quite a few sculptures by Greg Johns. The interpretation of each piece has also been translated and embossed in Braille.

There was a distinctive tree called "Big Boy" – not the tallest, but with the most wood volume. An unusual plant to touch (*Gunnera*) felt like plastic and grows close to the ground, with big crinkly leaves.

The most attractive smelling plant with flowers (*Lucilia*) was next to the toilet – very appropriate!

*Cathie and Noel Miller*





## 12<sup>th</sup> Anniversary Luncheon

Please keep Monday 9<sup>th</sup> August free for our 12<sup>th</sup> Anniversary Lunch at Lockleys Hotel. A separate email/letter with more information will be sent as more information comes to hand. Please register your interest for this Lunch.

# Congratulations

We congratulate our esteemed member, **Wendy Barrett**, who was named a recipient of an OAM, Order of Australia (General Division) Medal, for service to Music in the Queen's Birthday Honours List. Wendy was a successful Music Teacher in the SA Education Department and committed to the SA Eisteddfods over a number of years.

## What have we been reading?

Some of our members have read the following books lately:

*The Shadow of the Wind*, by *Carlos Ruiz Zafon*.

*The Evening Class*, by *Maeve Binchy*.

*The Family Next Door*, by *Sally Hepworth*

*Good Cop*, by *Justine Ford*.

*A Promised Land*, by *Barak Obama*.

*The Audacity of Hope*, by *Barak Obama*.

*Anna & Gunther*, by *Jacob Hendryx*.

*Khaki Town*, by *Judy Nunn*.

***The Rotary Book Mart Woodville West is now open. They have a large variety of wonderful pre-loved books and magazines at bargain prices. Some books are as good as new. Rotary Book Mart is located at Smith Reserve Hall, Gawler Street, Woodville West.***

## U3ASA

**Representatives: Sandra and Steven Carr**

Our April 2021 meeting was held on Zoom. From this meeting we were advised that we can expect a rise in insurance costs.

We were reminded that the U3A theme is 'Staying active mentally, physically and socially'.

Rendezvous at Tea Tree Gully on 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> October. A brochure with all details is available on Tuesdays.

Bookings can be made on **Try Booking**: open from 1<sup>st</sup> July to 31<sup>st</sup> August. Participants can do one day at a time \$20 per day. Full details are on the website.

Next meeting in July 2021.

The U3A national bulletin website is available for all members to access, the link is

<http://www.u3aaa.org/u3aaabull28.pdf>

## Automated External Defibrillator

The defibrillator has now been secured in the hall near the first aid kit so that any person using the premises could have access to the AED in an emergency.

AED use should not be restricted to trained personnel. Allowing the use of AEDs by individuals without prior formal training can be beneficial and may be life saving.

A trainer from Red Cross is prepared to come along and provide us with a demonstration in the third term after the Guest Speaker Program. If you are interested in learning how the AED works, please register to attend the demonstration.

000000000000

## Guest Speaker Program for Term 3 will be available soon

000000000000

### *School Term Dates*

*Term 3: 19<sup>th</sup> July – 24<sup>th</sup> September*

*Term 4: 11<sup>th</sup> October – 10<sup>th</sup> December*

000000000000



Depending on COVID 19 regulations we are planning  
our



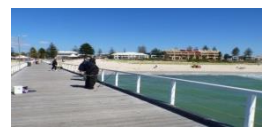
## Christmas Lunch

7<sup>th</sup> December, 2021

1:00 – 3:00 pm

More information closer to the date

U3A is a learning co-operative of 'Third Age' people (people who are over 50 and no longer working full time or retired). It is a self help and non-profit organisation that encourages a positive approach to ageing by enhancing self esteem and independence and by sharing experiences including educational, creative and leisure activities.



Kindly printed by the office of Matt Cowdrey OAM, Member for Colton